

About

[Maintaining](#)

[Sharing](#)



About Net Worth

Your net worth is the value of the assets you own minus the liabilities you owe. Your net worth is how you measure your financial health.

Your net worth, or balance sheet, will change over time. Ideally, the value of your assets will increase while your liabilities decrease. You keep track of how your finances are changing by periodically updating your net worth.

Maintaining your net worth is optional. The page is there for your convenience should you choose to use it.